Case of urticaria treated with RHUS TOX

Presented here is a very short case of urticaria, in a male patient, of recent onset, with no other comorbidity.

The patient got wet in the rain and developed urticaria consequently. Rhus tox 10M one dose was given initially. The patient was much better in the follow up after a month where both frequency and intensity of urticaria was reduced, but with stagnation beyond a point. Therefore, another dose was repeated. The patient required one more dose after this (total 3 doses) and the urticaria was completely gone as was found in a follow up few months later.

Explanation

This is a simple case of clear-cut cause (exciting cause, aph 3/ getting wet in rain in this case) and effect (development of urticaria).

However, the patient would have required a deeper/ anti-miasmatic remedy later on.

It was these acute cases that brought Hahnemann his fame in the initial days of his practice. (Had the patient not gotten well after this, a deeper cause would have been addressed to). Only after did he notice the recurrence of symptoms not responding to earlier effective medicines, did he search for obstacles and developed the idea of miasm.