

## **A Case of Chronic Constipation Treated with PLATINA (Homeopathy)**

A 65 yr old female reported with a long-standing constipation of 20 yrs. She would use suppositories, isabgol (an ayurvedic medicine), or even enema from time to time to get herself to move her bowels. She spoke with confidence, had short white hair. Presently staying with her partner with whom this was her second marriage, after her first spouse passed away, she worked for an NGO. She did not hold her first partner in high opinion. During consultation her driver entered to inform something, with whom she was not polite enough and passed a snide comment once he left. She was given PLATINA 200/ 1 dose. She responded well with that dose, when after a month she reported that her bowels moved without help for couple of days before the condition returning but not of same severity. She was given PLATINA 1M this time, one dose. After a month she announced herself to be free of any trouble, and was not in need of any external agency to pass motion.

### **Explanation**

Severe chronic constipation along with the mental concomitant of looking down upon others lead to the prescription of PLATINA. The 200 potency fell short of its depth when 1m finished the job.

Aude Sapere

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