

## **A Case of POLYCYSTIC OVARIAN SYNDROME (PCOS) treated with Homeopathy**

A 23 yr old female complaint of irregular menses, missing a few months at a stretch since 4 yrs, weight gain, and acne. She had a history of chicken pox 1 yr back, jaundice 3 yrs back, H/O recurrent tonsillitis since childhood and a habit of snoring. Her mother described her a very lazy person with no interest in new things. She slept in hand knee position and craved sweets and lemonade. She was given CAL CARB 50M one dose. On later follow ups her periods became regular slowly. She was given various medicines like Fucus Q, Thyroidinum 3x, Senecio Aureus Q, Puls 200, Nux Vom 200 etc from time to time depending on complaints. Her case came to standstill a year and a half later when it was reviewed. She liked rocking (she would sit in her house's swing for hours) and sweated profusely. She was given KALI CARB 200 without any change. Then KALI CARB 1M was given a month later. 2 yrs from starting of the treatment, her periods were regular now and acne resolved. She was also advised to follow dietary and lifestyle modifications. Her USG showed complete resolution of PCOD.

### **Explanation**

The first prescription was self-evident. It was however the second one that was difficult. Kali carb 200 did not work hence 1M was given since the writer was sure of medicine ('Whenever the general benefit derived from a single dose lag, the remedy should be repeated in the next higher potency instead of looking upon the new symptoms as indicators for some other drug; for only the most inveterately rooted dyscrasia can, by varying its expression, resist the whole scale of an indicated remedy'. Chp- SOME THOUGHT ON PRESCRIBING FROM C.M. BOGER'S STUDIES IN PHILOSOPHY OF HEALING).

Aude Sapere

Shivangi Jain  
BHMS, MD, PGDMLE, PGDHHM  
drshivangijain79@gmail.com  
<https://drshivangihomoeopathy.com/>