

**A Case of CHRONIC ALLERGIC COUGH treated with STICTA PULMONALE**  
**(Homeopathy)**

This is a case of 65 yr old female who had severe knee pains for last 4 yrs. Her pains would exacerbate at change of weather and after exertion. She also suffered from chronic allergic cough, which would be constant through-out the day, at intervals, not abating with anything, for last 2 yrs. She was also very chilly. The author treated this case with complete failure for 2 yrs. The pains and cough alternated and the treatment given was at most palliative. The remedies which seemed indicated did not help, whether deep acting or acute. While studying a medicine the writer came across a symptom, which encouraged her to give STICTA PULMONALE 1M/ 1 dose to this patient. The result was astonishing. Within a week her chronic cough of 2 yrs vanished and her knee pains reduced to a large extent, though her treatment had to be continued (striking the underlying miasm).

**Explanation**

The symptom that prompted the prescription was '**rheumatic pains precede catarrhal symptoms**' (Boericke Materia Medica). After STICTA the allergic cough vanished which was last to appear (Hering law/direction of cure) and the knee pains reduced to a large extent. This case highlights the importance of concomitant symptoms, anamnesis and last but not the least, a constant need for a homoeopath to read, search and find right remedies for their patients, because it is only through the right remedy that a cure is possible.

Aude Sapere

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